ALICE ROBERTS for CUADC ACTORS' REP 2024-5

Hello! I'm Alice (she/her) and I'm a second year Engling at Downing. I am running for the role of **Actors' Rep** because I absolutely love Cambridge Theatre and am so grateful for the opportunities made available to me by the CUADC. It would be an honour to give back to the ADC community in this role and promote the welfare and achievements of all the brilliant actors at Cambridge.



EXPERIENCE...

- I have so far performed in more than a dozen shows during my time in
 Cambridge. This has given me an extremely valuable understanding of the demands on actors and ways in which their experiences could be improved (see Manifesto).
- Freshers' Officer for Downing Dramatic Society (DDS) 2023-4. This involves running introductory workshops for the Downing Freshers, such as tours of the Howard Theatre, running the stall at the Freshers' Fair and being the point of contact for advice regarding theatre, both in Downing and Cambridge at large. I also facilitate the Downing Freshers' Play, during which I help to select a play, appoint a director and producer from a pool of applicants, operate as a contact point and over-see production, all of which is particularly applicable experience for the Actors' Rep role.
- **Freshers' Rep at Downing College** for the incoming Freshers 2023. In this role I helped to organise and facilitate a fortnight of events and welfare drop-ins for the Freshers, making me an experienced and approachable person for the theatre Freshers and the running of the Freshers' Play process.
- I have extensive experience as a welfare officer and intimacy coordinator in Cambridge Theatre which has given me a very useful insight into what is required of performers during shows and ways in which their welfare should be maintained and cared for. This is invaluable experience I would bring to the role of Actors' Rep and something I am very passionate about as a member of the ADC community.

MANIFESTO...

- Introduce mixer socials for Freshers at Cambridge and ARU to see shows at the ADC and/or Corpus. I want to prioritise the inclusion of ARU students, particularly Freshers, to make them feel welcome and valued within the Club and Cam Theatre.
- Run an audition workshop(s) before the Freshers' Play auditions to introduce
 Freshers to Cambridge Theatre and provide auditioning tips and experience.
- Organise termly acting workshops in which we invite actors external to Cambridge
 to come and host sessions for Cambridge and ARU students. In the event that an
 external actor could not be sourced, I would lead the workshops myself and
 incorporate a mix of scripted, improvised and game/exercise-based acting sessions.
- Distribute advice to actors on how to effectively maintain their wellbeing via Actors' Information emails and Q+A sessions, particularly during audition season, with advice on time management, overloading yourself, dealing with rejection, etc.